



**Glenmoor & Winton Academies**

High Achievement – High Standards

Part of United Learning

# **Relationship and Sex Education (RSE) Policy**

**September 2024**

## **Definition of RSE:**

Relationships and Sex Education is defined by the PSHE Association as 'learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health'. This content is delivered in an age-appropriate way with care given to the age and educational stage of students.

Relationship and Sex Education (RSE) is part of a lifelong learning about physical, moral, and emotional wellbeing. At GW, RSE is centred on personal safety, caring for others, and building strong family relationships and aims to:

- Prepare students for the opportunities, responsibilities, and experiences of adult life, and
- promote the spiritual, moral, social cultural mental and physical development of students.

## **How will RSE be taught at Glenmoor and Winton Academies?**

The DfE suggests five broad themes to Relationships and Sex Education. These are:

- Families
- Respectful relationships including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health.

Each of the above will be delivered through Citizenship, science and PE (physical education) at KS3, and as a Year 10 'RSE conference' and during ethics lessons in Year 11.

We have taken great care to ensure the students encounter each topic at an age-appropriate point.

We also use Sexual Health Dorset to deliver sessions at KS4. These sessions are delivered by expert sexual health nurses.

RSE is delivered by citizenship and science teachers. They have had, or will receive, training on how to deliver sensitive content. Across all GW lessons, a positive classroom culture ensures that lessons are free from disruption, so that students feel safe in their learning and happy to ask questions about the topics.

The delivery of RSE at Glenmoor and Winton Academies is underpinned by the following moral and value statements:

- The delivery of RSE is factual, sensitive, and balanced
- RSE within the Academy promotes meaningful, positive, and healthy relationships
- RSE staff will avoid the imposition of opinion. Instead, they will stay focused on the social, moral, spiritual, health and education aspects of the topics.

## **Equality and accessibility of the RSE curriculum:**

Glenmoor and Winton Academies delivers RSE in line with the Equality Act 2010 and in observance of the protected characteristics of age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership and sexual orientation. We recognise that children have varying needs regarding RSE that are dependent on their circumstances and background. At Glenmoor and Winton, we believe that all students should have access to RSE that is relevant to their needs. To achieve this, our approach to RSE will take account of:

- SEND students (special educational needs or disabilities), students with learning, or emotional or behavioural difficulties require certain RSE needs when certain topics are being taught. We will ensure that RSE is accessible to all through high quality teaching that is differentiated and thoughtfully planned. We are also mindful of preparing for adult outcomes as set out in the SEND code of practice when teaching these subjects to those with SEND
- Some of our students will go on to define themselves as LGBTQ+. Some students may have LGBTQ+ parents or carers, brothers or sisters, other family members and/or friends. All our students will meet LGBTQ+ people both now and in the future. Our approach to RSE will reflect this and teaching will be age appropriate and sensitive both in content and delivery. Content linked to LGBTQ+ will, where possible, be integrated into the programme rather than taught as a stand-alone lesson or unit. We actively tackle homophobic bullying or comment
- Different cultural/ethnics groups within our community. These groups may have different attitudes to issues taught in RSE. Glenmoor and Winton will take account of their views and promote respect for and understanding of the views of different ethnic, cultural and religious groups in line with safeguarding and the Academy's statutory duty to keep all students safe and deliver certain elements of the statutory RSE curriculum

## **How will RSE be monitored and evaluated at Glenmoor and Winton Academies?**

Each year a curriculum audit of the RSE statutory guidelines is carried out across the Academies. Areas of RSE not being delivered are identified and actions made to ensure they are present in the curriculum.

Evidence of the teaching of RSE is collected via learning walks, collated resources and student work. From these the RSE lead will evaluate the efficacy of teaching and student outcomes.

Students will be consulted on the delivery and effectiveness of the lessons.

The school will consult with parents annually upon policy review.

As a part of the United Learning survey, students will be given an opportunity to comment on their experiences of RSE. Responses from students are discussed at senior level and actions agreed in response.

## **Parental Rights and the Curriculum**

Parents do not have the right to withdraw their child from the relationships or health education or the National Science Curriculum that relate to Relationships and Sex education. National Curriculum Science is statutory. At KS3 and KS4 this includes teaching about reproduction in humans, for example the structure and function of the male and female reproductive systems, menstrual cycle, gametes, fertilisation, gestation, birth, and HIV/AIDS.

Parents do have the right to withdraw their child from sex education provided within citizenship. If a parent wishes to withdraw their child from aspects of the sex education elements of the programme, then they need to write a letter to the Principal stating their reasons for the request.

Parents do not have the right to withdraw their child from the relationships elements of the RSE curriculum as these are statutory.

The Teaching of Relationships, Sex Education (RSE) will be taught across the curriculum but specifically in citizenship and science.

Glenmoor and Winton Academy ensures that parents/carers are:

- made aware of the Academies approach and rationale for RSE through the policy
- involved in the review of the RSE policy; made aware of the Academies PSHE curriculum
- encouraged to support their child is learning at home, if appropriate.

Once a student is three terms away from their sixteenth birthday, they have a right to receive sex education rather than be withdrawn. Where this is the case, we will make arrangements to provide them with sex education during one of those terms.

## **Safety and Confidentiality**

We make it clear to students what our procedures are with regard to confidentiality.

Teachers are aware that effective RSE, which brings an understanding of what is and what is not appropriate in a relationship, can lead to a disclosure of a child protection issue.

Teachers will use the safeguarding systems in place to consult with the designated safeguarding lead Ms Parker and in her absence her deputies Mr Darwin or Mr Brown.

## **How are resources used with reasons for their selection?**

RSE resources are chosen and checked for:

- Being inclusive – acknowledging the full spectrum of diversity in society
- Positive, healthy, and unbiased messages
- Age and understanding appropriateness

## **RSE policy review date**

This policy has been created in line with DfE guidelines on RSE/Health education (*Relationships Education, Relationships and Sex Education (RSE) and Health Education*, 2019), written by the lead of RSE in the Academies, and approved by the Principal.

As part of effective RSE provision, the RSE policy should be reviewed at least every 2 years to ensure that it continues to meet the needs of students, staff, and parents and that it is in line with current DfE advice and guidance.

Completed by R Hilton:	July 2024
Approved by Governors:	July 2024
Date for review:	Autumn 2024